

The British Council for Chinese Martial Arts  
INFORMATION PACK 2019

Sunday, 7<sup>th</sup> July 2019



[www.bccma.com](http://www.bccma.com)

**BCCMA NATIONAL SENIOR SPARRING  
CHAMPIONSHIPS 2019**

Woodside Athletic Centre, Watford, Herts. WD25 7HH

*Youth Sanda (15 - 17 yrs)*

*Men's Qingda (18 - 35 yrs)*

*Men's Sanda 18 - 40 yrs*

*Women's Qingda (18 - 40 yrs)*

*Women's Sanda (18 - 40 yrs)*

*Veteran's Qingda (36 - 50 yrs)*

*Tui Shou (18 - 50 yrs)*

*Shuai Jiao (18 - 50 yrs)*

# The British Council for Chinese Martial Arts

## Venue Information:

Woodside Athletic Centre, Horseshoe Lane, Garston, Watford, WD25 7HH

Tel: 01923 892710 email: woodsideinfo@everyoneactive.com

## How to get here:

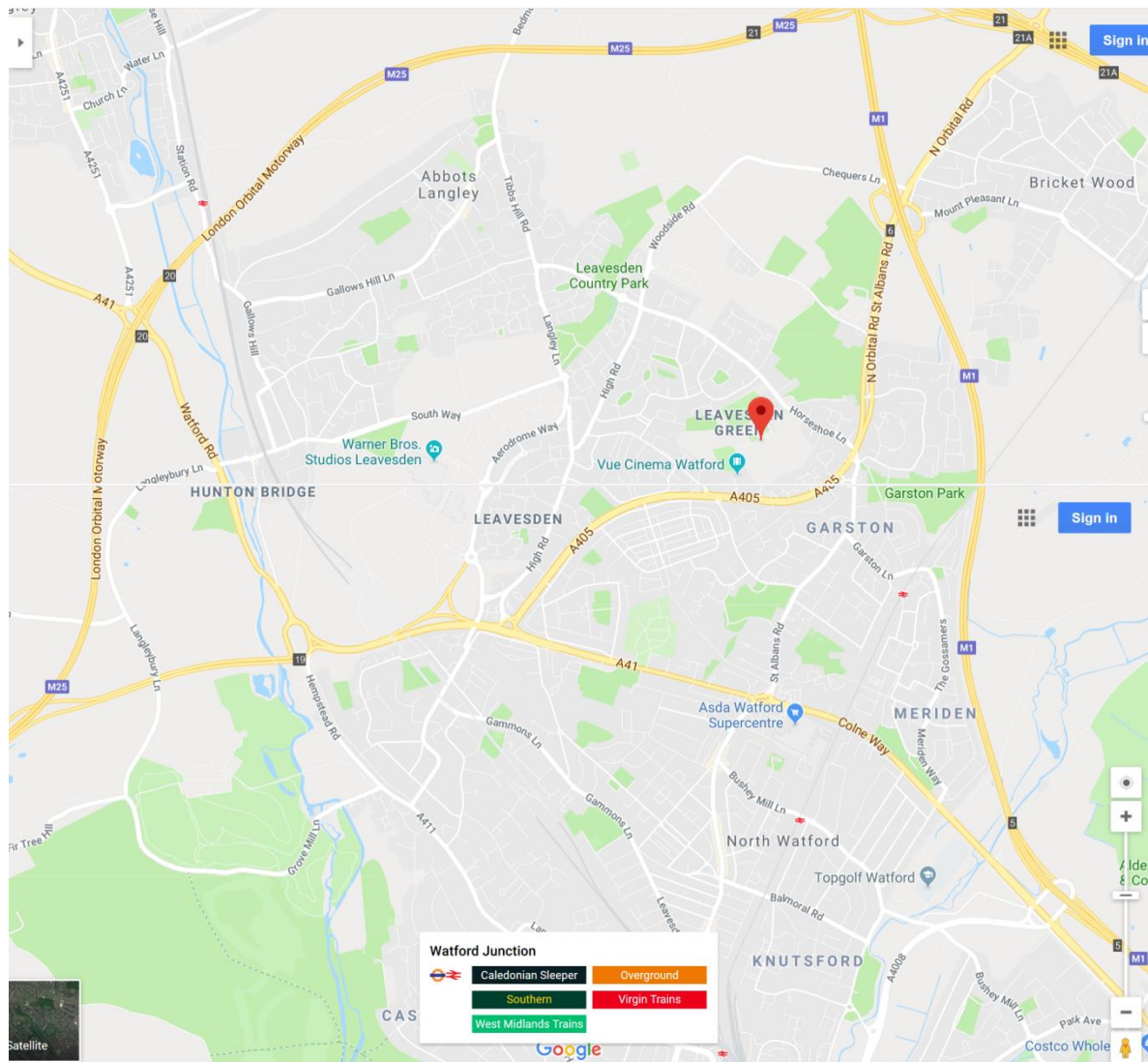
- **By bus:** 320 (stop 5), 10 (stop 6), from Watford Junction to Horseshoe Lane/Boundary Way (**bus** journey approx. 30 minutes) (**Taxi** 10 minutes)
- **By train:** Watford Junction is on the Main Euston line.  
(local line 'Abbey flyer' Garston & North Watford stations – Garston is a 15 min walk.)  
**By tube:** Watford (by Cassiobury Park) on the Metropolitan Line. (**Taxi** 15 minutes)

## **By car: sat nav. WD25 7HH**

M1: Exit M1 Junction 6 towards Watford on A405 for half a mile, Take Right filter lane at (Harvester Pub) crossroads, proceed up Horseshoe Lane for half mile, Woodside stadium is on your left. (If first car park is full, Overflow car park is behind the stadium)

M25 Clock wise (CW): Exit Junction 19; Straight over Roundabout; LH filter lane to A405.

M25 Counter CW: Exit Junction 21A; (then follow M1 directions above)



# The British Council for Chinese Martial Arts

## **REGISTRATION DEADLINE 28 JUNE 2019**

**No entries will be accepted after this date**

### **Running Order:**

Until we know the exact number of people entering, a final running order is hard to predict at this time, however, the following time table is what we will be looking at. If there is any change, a post on our website and social media will be published.

### **WEIGH IN & MEDICALS - QINGDA & TUI SHOU**

**9:00 am to 10:00 am**

The morning session will be for Female Qingda, Veterans Qingda and Men's Qingda as well as Tui Shou (Pushing Hands)

### **WEIGH IN & MEDICALS – SANDA ALL CATEGORIES**

**12:00 pm -1:00 pm**

The afternoon session will be Youth Sanda, Female Sanda, and Men's Sanda as well as Shuai Jiao (Chinese Wrestling)

Lunch will be announced on the day but expect 13.30 – 14.00.

In both sessions, the event organisers will post up the 'fight order'.

### **Who Can Enter This Competition?**

- You are a member of an association who is a member of the BCCMA.
- You have a current BCCMA licence number at the time of the event.
- You are aged between:
  - 15-17 Youth Sanda (Full contact - no kicks to the head)
  - 18-35 Male / Female Qingda (Semi contact)
  - 18-40 Male / Female Sanda (Full contact)
  - 18-50 Male / Female Shuai Jiao (Chinese Wrestling)
  - 18-50 Male / Female Tui Shou (Pushing hands)
  - 36-50 Veterans Qingda (Semi contact)
- You have read and agree to the competition rules and event rules.
- You / parent / guardian and your coach have signed the entry form.

There will be no rules talk on the day, all competitors and coaches are expected to know and understand the rules beforehand.

Copies of the rules are on the BCCMA website: [www.bccma.com/rules](http://www.bccma.com/rules)

*All Licence numbers will be checked, if you are not a member on the day, you will not compete and no refunds given.*

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## **SANDA & QINGDA WEIGHT CATEGORIES**

### **Junior Weight Categories (15 Years to 17 Years)**

- 1: U48kg (under 48kg)
- 2: U52kg (48kg to 52kg)
- 3: U56kg (52kg to 56kg)
- 4: U60kg (56kg to 60kg)
- 5: U65kg (60kg to 65kg)
- 6: U70kg (65kg to 70kg)
- 7: U75kg (70kg to 75kg)
- 8: U80kg (75kg to 80kg)

### **Adult Men's Weight Categories**

- 1: U48kg (under 48kg)
- 2: U52kg (48kg to 52kg)
- 3: U56kg (52kg to 56kg)
- 4: U60kg (56kg to 60kg)
- 5: U65kg (60kg to 65kg)
- 6: U70kg (65kg to 70kg)
- 7: U75kg (70kg to 75kg)
- 8: U80kg (75kg to 80kg)
- 9: U85kg (80kg to 85kg)
- 10: U90kg (85kg to 90kg)
- 11: Over 90kg (90+kg)

### **Women's Weight Categories**

- 1: U48kg (under 48kg)
- 2: U52kg (48kg to 52kg)
- 3: U56kg (52kg to 56kg)
- 4: U60kg (56kg to 60kg)
- 5: U65kg (60kg to 65kg)
- 6: U70kg (65kg to 70kg)
- 7: U75kg (70kg to 75kg)

## **APPROVED DRESS CODE AND PROTECTIVE SAFETY SPARRING EQUIPMENT**

All Sanda and Qingda competitors shall wear BCCMA approved clothing, Sanda competitors to wear shorts with matching colour top, namely red or blue, (black is acceptable in this competition instead of blue).

Competitors are required to provide their own clothing and equipment and should include one (1) set in Red and one (1) set in Blue or Black.

Tops must be NOT covered in print or be multicoloured. Badges of the competitor's association and that of the BCCMA are permitted.

All Youth categories; to wear elasticated shin & instep protectors.

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## **TUISHOU**

Weight categories and dress code can be found in the Tui Shou rules on BCCMA.com

## **SHUAI JIAO**

Weight categories and dress code can be found in the Shuai Jiao rules on BCCMA.com

## **REGISTRATION DEADLINE 28 JUNE 2019**

**Online entries only at [bccma.com](http://bccma.com) - no entries will be accepted after this date.**

(Any certificates issued, will use spelling from these forms, £5 charge to correct certs on the day)

## **COMPETITORS REGISTRATION FEE**

- £20 All Qingda and Tui Shou events
- £25 All Sanda and Shui Jiao events

**Spectator Seating available:** Discounted pre-booked costs are as below.  
All spectators will be issued with wristbands

**SPECTATOR ENTRY FEES - ONLINE PRICES (up to 24 hours before comp)**  
**You must bring proof of purchase payment i.e. Product/Order ID number to exchange for wristbands**

(Please ensure you wear your wristbands at all times. There will be random checks made. Anyone without wristbands, will be charged the £15 day rate)

Family / Standard tickets ( Available online only: Up to 1 day before the competition ).

- £10 Per person

Family tickets ( 2 adults and children Under 16. – Children under 5 years are Free)

- £15 Family of 2 (1 Adult and Child under 16)
- £25 Family of 3 (2 Adults maximum)
- £30 Family of 4 (2 Adults maximum)
- £35 Family of 5 (2 Adults maximum)

- **All tickets bought on the door will be £15 each, cash only.**

## **Sparring Division**

When putting your weight on the form, make sure you put the weight you are, not the weight you would like to be. When weighed in, if you are not in the category that you stated you will be disqualified. You may enter another category and a **re-registration fee will be charged.**

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## COMPULSORY EQUIPMENT YOU NEED TO BRING FOR SANDA AND QINGDA

- Head Guard
- 8oz Boxing Gloves all Youth categories 15-17 years
- 8oz Boxing Gloves all women's categories
- 8oz Boxing Gloves all under 60 kg categories
- 10oz Boxing Gloves over 60 kg categories
- Groin Guard (men AND women)
- Gum shield
- Body protectors
- Elasticated shin & instep protectors for all Youth categories for Sanda and Qingda categories. ( Not required for Adult Sanda ).
- Shorts and matching tops to be worn in all Sanda categories, Acceptable colours **RED - BLACK - BLUE**
- Long trousers to be worn in **all** Qingda categories.
- Competitors wearing non-approved Sanda dress code may be disqualified. No refund given.
  
- Only one named coach from each association will be allowed free entry and not per club.

Any certificates awarded use the spelling on your online application form. If your name is wrong and you require a replacement copy - there will be a £5 charge on the day.

### **Social Media:**

**Facebook:** Search for BCCMA and 'like' our page.

**Instagram:** [Kungfu\\_bccma](#)

**Twitter:** Follow us [@bccmagb](#) We encourage everyone to post pictures on the day and after, using the hashtag: [#bccmacomp19](#) / [#Iamkungfu](#)

We also post on the day with pictures of the action and of the winners on Social Media

By entering the event you are agreeing to us using any pictures that are taken during the day whilst at the competition.

### **Professional Photographer:**

We plan to have an 'access all areas' Professional Photographer at the event by Request. Pictures taken will be available on a password protected website – should you wish to purchase any of these images.

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## **APPEALS PROCEDURE**

### Scope of Appeals

The participating teams have the right to appeal to the Jury of Appeal. Procedures and Requirements of Appeal

- A team shall send a written appeal through its team leader or coach to the Jury of Appeal within 30 minutes following the conclusion of the competition of the event concerned, or in 15 minutes following the conclusion of the competition of the event if it is the last one. No appeal can be made after the medals for that event have been awarded.
- The appeal shall be handed in together with an appeal fee of £50, which shall be returned if the appeal proves to be justified and some change is made in the original judgement, and which shall not be returned if the original judgement is affirmed. One appeal shall be confined to one issue.
- All participating teams shall abide by the final decision of the Jury of Appeal. In case of disobedience and unreasonable quibbling, the Jury of Appeal may propose to the Competition Committee for earnest treatment, even for a cancellation of competition results.

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## Disclaimer

*I certify that I am an official of the Association of athlete, and authorised to enter the above athlete into this event, I certify that I have notified and explained the nature and risks associated with such competitions to their parents / guardians and they understand that they enter events at their own risk and own liability, and that they agree to them taking part.*

*Our Association and those entering accept the event rules and that any events may be changed without prior notice or liability to the organisers or the BCCMA or any other person organisation or company. Furthermore, I understand and accept that entry into this event signifies my acceptance that the organiser has exclusive video rights and that the performing rights of the above-named competitor are waived in favour of the organiser or its appointed agent for the purpose of video, reproduction, distribution, advertising and sale thereof. Furthermore, I understand that all athletes are subject to International Olympic Committee (IOC) Dope Testing Regulations under the IOC WADA agreement and may be required to undertake tests, which from time to time are specified by the IOC. I acknowledge that it is recommended that all competitors are inoculated against Hepatitis A and B as it can be transmitted by sweat or blood and have informed parents / guardians of this recommendation.*

*As the parent / guardian of the athlete I confirm that I have been made aware of the event and the dangers of participation in said event and advised of all the other aspects shown above and will not hold the BCCMA, its officer's members, the event organisers, their officer's members, or any other persons associated with the event liable for any injury or losses, howsoever arising, howsoever caused, in any way, whatsoever. Furthermore, I take responsibility for the care of the below named and their behaviour at all times and accept that it shall be the athlete's coach who shall be responsible for the monitoring of the use of the warm up practice area which will not be supervised by anyone else other than the athlete's coaches. The coach / parents shall also be responsible for checking the displayed entry list and making the athlete ready when the event is called. Any errors in these lists must be notified to the organisers before the competition begins. It is also noted that the organisers may merge any categories they deem necessary at their absolute discretion.*