

The British Council for Chinese Martial Arts  
INFORMATION PACK 2023

Saturday, 15th July 2023



[www.bccma.com](http://www.bccma.com)

**National Youth Sanda**

15 to 17 Years

**National Adult Sanda**

18 to 40 years

**National Adult Qingda**



18 to 50 Years

# The British Council for Chinese Martial Arts

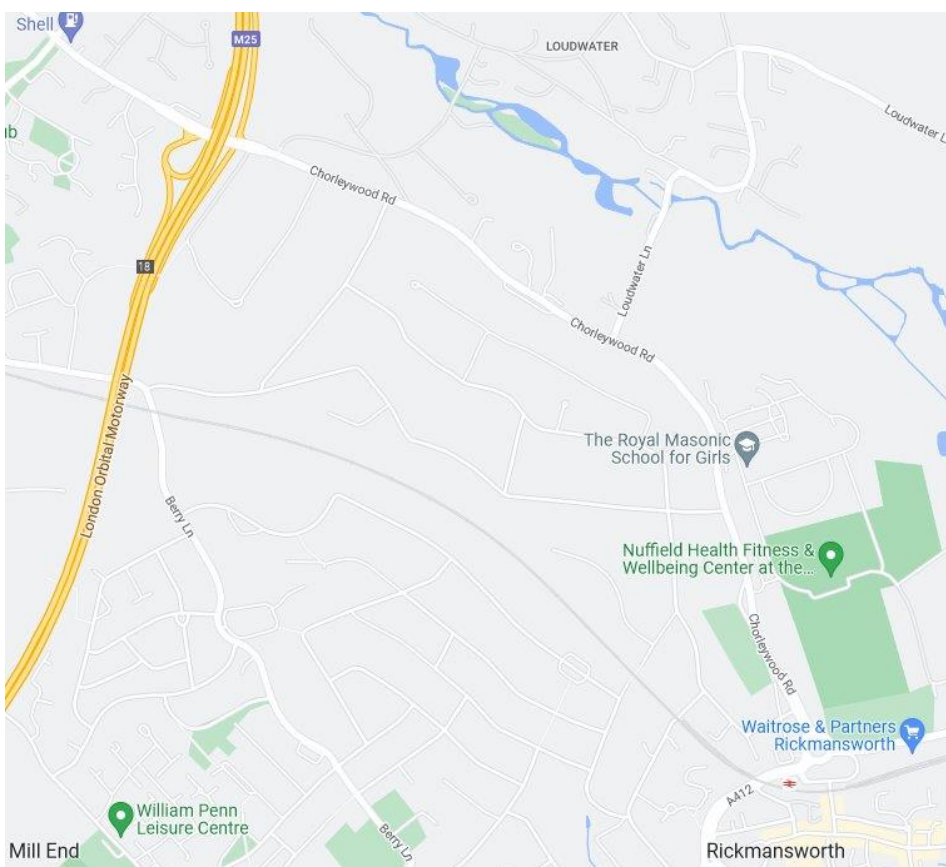
**Venue Information: Nuffield Health Fitness Centre;** Royal Masonic School (RMS) for Girls, Rickmansworth, Hertfordshire, WD3 4HF

## How to get there:

**By Car:** exit M25 Junction 18 (1 mile via Chorleywood Rd; Turn left via entrance for RMS school; Free parking, then 5 min walk down pedestrian only walkway to Nutfield Centre.

**Rail: Rickmansworth;**  (Metropolitan line; zone 7)  (Euston line)  
From Station venue is 6 to 10-minute walk up hill, then Right via RMS school gateway.

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(Enter via RMS school gateway then 5 min walk via pedestrian only path to Nuffield Centre.)

**REGISTRATION DEADLINE:**  
**SAT 1<sup>st</sup> JULY 2023**  
**No entries will be accepted after this date.**

# The British Council for Chinese Martial Arts

## **DATE AND PLACE:**

Saturday 15<sup>th</sup> July 2023

## **COMPETITION VENUE:**

**Venue Information: Nuffield Health Fitness Centre; Royal Masonic School (RMS) for Girls, Rickmansworth, Hertfordshire, WD3 4HF**

## **Registration and Door Entry:**

8:30 am to 9:00 am Judging Officials arrival

8:30 am to 9:00 am Competitors weigh in and registration (coaches see 'Coaches entry')

9:15 am Spectator Entry - We aim to start the first event by 10:00 am

## **Running Order:**

Until we know the exact number of people entering, a final running order is hard to predict at this time, however, the following timetable is what we will be looking at. If there is any change, a post on our website and social media will be published.

Facebook <https://www.facebook.com/kungfubccma> (Please join group for updates)

## **Key contact Names:**

### **Paniko Evagorou**

Head of Sanda & Qingda

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### **David Nicholls**

Competition Events Manager

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Lunch break to be announced on the day usually around 1:00 pm

# The British Council for Chinese Martial Arts

## COMPETITION EVENTS

### WHO CAN ENTER?

- You are a member of an association who is a member of the BCCMA.
- You have a current BCCMA licence number at the time of the event.
- You are aged between 15 years to 17 years for Youth Sanda
- You are aged between 18 years to 40 years for Adult Sanda
- You are aged between 18 years to 50 years for Adult Qingda
- You have read and agree to the competition rules and event regulation pack.
- There will be no rules talk on the day, all competitors and coaches are expected to know and understand the rules beforehand.
- All competitors will book through the BCCMA online website.

### COMPETITORS REGISTRATION ENTRY FEE

- £20 all categories

**Spectator Seating available:** Discounted pre-booked costs are as below. All spectators will be issued with wristbands.

### SPECTATOR ENTRY FEES - ONLINE DISCOUNT PRICES

#### Up to, midday Friday 14<sup>th</sup> July \*

\* All tickets bought on the door on the day will be £15 each, cash only.

[Click here to buy spectator tickets:](#)

You must bring proof of payment i.e., Product / Order ID number to exchange for wristbands.

(Please ensure you always wear your wristbands. There will be random checks made. Anyone without wristbands, will be charged the £15-day rate)

Family / Standard tickets (Available online only: Up to 1 day before the competition).

Individual Tickets £10 Per person

Family tickets (2 adults and children Under 16. – Children under 5 years go Free)

- £15 Family of 2 (1 Adult and Child under 16)
- £25 Family of 3 (2 Adults maximum)
- £30 Family of 4 (2 Adults maximum)
- £35 Family of 5 (2 Adults maximum)

\* All tickets bought on the door on the day will be £15 each. CASH ONLY

### Coaches Entry

# The British Council for Chinese Martial Arts

- Only one named coach from each association will be allowed free entry and not per club.
- Competitors may have up to 2 cornermen in their corner.
- Any certificates awarded the spelling on your online application form will be used. If your name is wrong and you require a replacement copy - there will be a £5 charge on the day.

**COMPETITION RULES** (Familiarise yourself with the rules for the event you are entering)

- Unless otherwise stated within these regulations, the competition will be conducted by the BCCMA Competition Rules
- [BCCMA-SANDA-COMPETITION-RULES-2018.pdf](#)
- [Microsoft Word - New Light Sanda / Qingda Rules 2013.docx \(bccma.com\)](#)

## **YOUTH SANDA: 15 to 17 years**

### **Youth Sanda Weight Categories (15 to 17 Years)**

- 1: U48kg (under 48kg)
- 2: U52kg (48kg to 52kg)
- 3: U56kg (52kg to 56kg)
- 4: U60kg (56kg to 60kg)
- 5: U65kg (60kg to 65kg)
- 6: U70kg (65 kg to 70kg)
- 7: U75kg (70kg to 75kg)
- 8: U80kg (75kg to 80kg)

### **Duration of contest**

2 minutes with a sixty second rest between each round

The best of three rounds will be used, the third round only being played if the same score. is one round each at the end of the second round.

Kicks to the head as well as successive / continuous punches to the head are not allowed.

Competitors who deliberately show unwarranted force by repeatedly attacking the head either by continuous punches or kicks will be disqualified from the competition.

### **Dress code & Equipment:**

Each competitor must supply their own competition uniform, consisting of:

**Shorts & top** (T-shirt / Vest). (1) set in red and (1) set in blue (black is acceptable if blue is not available)

Compulsory protective equipment is needed for youth Sanda.

- Head guard (open face)
- Mouth guard
- Boxing gloves (8oz for U65kg / 10oz for over 65kg)
- Chest protector
- Groin guard
- Elasticated shin & instep protector

# The British Council for Chinese Martial Arts

## **ADULT SANDA: 18 to 40 years**

In general, the single knockout system will be adopted during adult Sanda competition. If the number of competitors in a weight category is three (3) persons a single round robin method will be adopted. If only two or one competitor(s) is registered in a weight category, the weight category may merge with another weight category within 5kgs. Or cancelled if there is vast weight difference.

### **Dress code & Equipment**

Each competitor is required to have their own competition uniform, consisting of: **Shorts & top.** (1) set in red and (1) set in blue (black is acceptable if blue is not available)

Compulsory protective equipment required for adult Sanda.

- Head guard (open face)
- Mouth guard
- Boxing gloves (8oz for U65kg / 10oz for over 65kg)
- Chest protector
- Groin guard
- **NO** Shin pads are to be worn in adult Sanda.

## **ADULT QINGDA; 18 to 50 years**

Qingda is a light contact event, Competitors are expected to show technical skills and control excessive force when attacking valid areas of attack.

Direct strikes to the face are not allowed. Throws higher than the hips are not allowed either, I.e., shoulder throws.

The weight category may merge with another weight category within 5kgs. Or cancelled if there is vast weight difference.

### **Dress code & Equipment**

Each competitor is required to have their own competition uniform to consist of a training jacket or their club T-shirt and long trousers (**no shorts or boxing trunks will be allowed**). Tops must **not** be covered in prints or be multi-coloured. Badges of the contestant's association and that of the BCCMA are permitted.

Compulsory protective equipment required for adult Qingda.

- Head guard (open face)
- Mouth guard
- Boxing gloves (8oz for U65kg / 10oz for over 65kg)
- Chest protector (optional - both parties to agree, and be the same)
- Groin guard
- **Elasticated** Shin & instep protector pads are to be worn in adult Qingda.

### **Weight-Categories:**

#### **Adult Sanda & Adult Qingda Weight categories:**

# The British Council for Chinese Martial Arts

## Adult Men's Weight Categories

- 1: U48kg (under 48kg)
- 2: U52kg (48kg to 52kg)
- 3: U56kg (52kg to 56kg)
- 4: U60kg (56kg to 60kg)
- 5: U65kg (60kg to 65kg)
- 6: U70kg (65 kg to 70kg)
- 7: U75kg (70kg to 75kg)
- 8: U80kg (75kg to 80kg)
- 9: U85kg (80kg to 85kg)
- 10: U90kg (85kg to 90kg)
- 11: Over 90kg (90+kg)

## Women's Weight Categories

- 1: U48kg (under 48kg)
- 2: U52kg (48kg to 52kg)
- 3: U56kg (52kg to 56kg)
- 4: U60kg (56kg to 60kg)
- 5: U65kg (60kg to 65kg)
- 6: U70kg (65 kg to 70kg)
- 7: U75kg (70kg to 75kg)

## Duration of contest (all)

2 minutes with a sixty second rest between each round

The best of three rounds may be used, the third round only played if the same score is one round each at the end of the second round.

Head Judge will have the final say as to whether any clothing or safety equipment is or not acceptable in the competition.

Spectacles, hard contact lenses must not be worn. Jewellery, including such items as; rings, earrings, studs, pendants, and necklaces must be removed. Rings, which cannot be removed must be taped over. If the ring is still considered dangerous the contestant will not be allowed to take part. The Chief Head Judge will have the final say as to whether any such item is or is not acceptable in this competition.

Any cuts or lacerations **must be covered** with a medically approved plaster, which will protect both the contestant and others from contact with blood.

Injured athletes will not be permitted to take part, however if an elasticated support is required one may be used subject to the approval of the Chief Head Judge.

The competitors will be bare footed during the matches. However, it is strongly recommended that all competitors wear appropriate foot covering when not engaged in match play.

Personal hygiene. Competitors must commence the event in a clean non body odour manner with all hand and foot nails cut short and filed smooth.

## Disqualification

A disqualification applies automatically if a contestant has accumulated a total of the maximum number of penalty points permitted in their bout. This shall be **3** penalty point if the bout is of one round duration or 6 penalty points over the entire duration of a 3-round bout.

A Referee may with the agreement of the Head Judge disqualify a contestant, without prior warning or penalties having been given, if it is deemed that an offence warrants it. In particular this applies to the attitude of the contestant or towards their opponent or officials if they demonstrate **intention** to hurt their opponent whether the strike lands or not a disqualification may be awarded to either the bout or the total event.

# The British Council for Chinese Martial Arts

## **Social Media:**

**Facebook:** Search for BCCMA and 'like' our page.

**Twitter:** Follow us @bccmagb We encourage everyone to post pictures on the day and after, using the hashtag: #bccmacomp2023 #lamkungfu

We also post on the day with pictures of the action and of the winners on social media.

By entering the event you are agreeing to us using any pictures that are taken during the day whilst at the competition.

## **Professional Photographer:**

We plan to have an 'access all areas' Professional Photographer at the event by Request. Pictures taken will be available on a password protected website – should you wish to buy any of these images.

## **APPEALS PROCEDURE**

### Scope of Appeals

The participating teams have the right to appeal to the Jury of Appeal. Procedures and Requirements of Appeal

- A team shall send a written appeal through its team leader or coach to the Jury of Appeal within 30 minutes following the conclusion of the competition of the event concerned, or in 15 minutes following the conclusion of the competition of the event if it is the last one. No appeal can be made after the medals for that event have been awarded.
- The appeal shall be handed in together with an appeal fee of £50, which shall be returned if the appeal proves to be justified and some change is made in the original judgement, and which shall not be returned if the original judgement is affirmed. One appeal shall be confined to one issue.
- All participating teams shall abide by the final decision of the Jury of Appeal. In case of disobedience and unreasonable quibbling, the Jury of Appeal may propose to the Competition Committee for earnest treatment, even for a cancellation of competition results.

## **Disclaimer**



# The British Council for Chinese Martial Arts

I certify that I am an official of the Association of athlete and authorised to enter the above athlete into this event, I certify that I have notified and explained the nature and risks associated with such competitions to their parents / guardians and they understand that they enter events at their own risk and own liability, and that they agree to them taking part.

Our Association and those entering accept the event rules and that any events may be changed without prior notice or liability to the organisers or the BCCMA or any other person organisation or company. Furthermore, I understand and accept that entry into this event signifies my acceptance that the organiser has exclusive video rights and that the performing rights of the above-named competitor are waived in favour of the organiser or its appointed agent for the purpose of video, reproduction, distribution, advertising, and sale thereof. Furthermore, I understand that all athletes are subject to International Olympic Committee (IOC) Dope Testing Regulations under the IOC WADA agreement and may be required to undertake tests, which from time to time are specified by the IOC. I acknowledge that it is recommended that all competitors are inoculated against Hepatitis A and B as it can be transmitted by sweat or blood and have informed parents / guardians of this recommendation.

As the parent / guardian of the athlete I confirm that I have been made aware of the event and the dangers of participation in said event and advised of all the other aspects shown above and will not hold the BCCMA, its officer's members, the event organisers, their officer's members, or any other persons associated with the event liable for any injury or losses, howsoever arising, howsoever caused, in any way, whatsoever. Furthermore, I take responsibility for the care of the name below and their behaviour at all times and accept that it shall be the athlete's coach who shall be responsible for the monitoring of the use of the warm-up practice area which will not be supervised by anyone else other than the athlete's coaches. The coach / parents shall also be responsible for checking the displayed entry list and making the athlete ready when the event is called. Any errors in these lists must be notified to the organisers before the competition begins. It is also noted that the organisers may merge any categories they deem necessary at their absolute discretion.