

The British Council for Chinese Martial Arts
INFORMATION PACK 2022

Sunday, 5th November 2023



www.bccma.com

National Youth Shuai Jiao

14 to 17 Years

National Adult Shuai Jiao

18 to 45 years

(Chinese Wrestling)



**Nuffield Health Fitness Centre,
Rickmansworth, Hertfordshire, WD3 4HF**

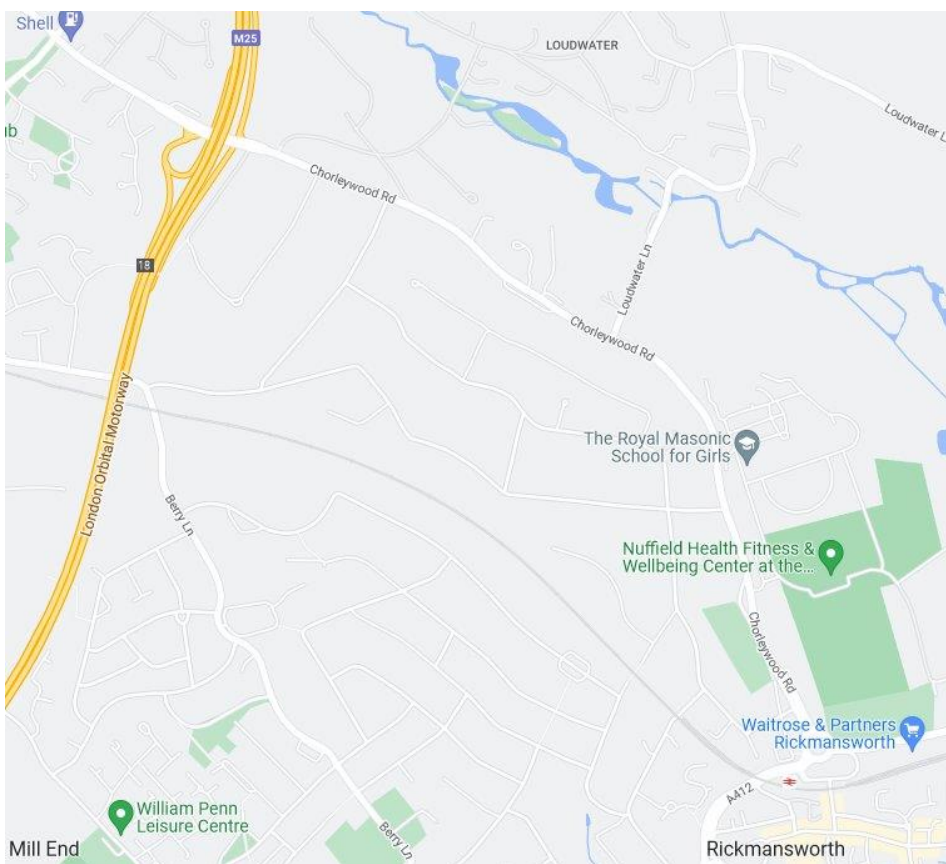
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Venue Information: Nuffield Health Fitness Centre; Royal Masonic School (RMS) for Girls, Rickmansworth, Hertfordshire, WD3 4HF

How to get there:

By Car: exit M25 Junction 18 (1 mile via Chorleywood Rd; Turn left via entrance for RMS school; Free parking, then 5 min walk down pedestrian only walkway to Nuffield Centre.

Rail: Rickmansworth;  (Metropolitan line; zone 7)  (Euston line)
From Station venue is 6 to 10 minute walk up hill, then Right via RMS school gateway.



(Enter via RMS school gateway then 5 min walk via pedestrian only path to Nuffield Centre.)

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REGISTRATION DEADLINE:

Sun 22nd October 2022

No entries will be accepted after this date

DATE AND PLACE:

Sunday 5th November 2023

Competition Venue: Nuffield Health Fitness Centre; Royal Masonic School (RMS) for Girls,
Rickmansworth, Hertfordshire, WD3 4HF

Registration and Door Entry:

8:30am to 9:00 am Judging Officials arrival

8:30am to 9:00 am Competitors weigh in and registration(coaches see 'Coaches entry')

9:15 am Spectator Entry - We aim to start the first event by 09:30 am

Running Order:

Until we know the exact number of people entering, a final running order is hard to predict at this time, however, the following timetable is what we will be looking at. If there is any change, a post on our website and social media will be published.

Facebook <https://www.facebook.com/kungfubccma> (Please join group for updates)

Key contact Names:

Michael Nelson-Cole

Head of Shuai Jiao Contact 07515 032025

David Nicholls

Competition Events Manager

david.nicholls@bccma.com

Lunch break to be announced on the day usually around 1:00pm

(Depending on entry numbers the mats will then be used for those competing in the Pushing Hands - Tui Shou competition after lunch)

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COMPETITION EVENTS

WHO CAN ENTER?

- You are a member of an association who is a member of the BCCMA.
- You have a current BCCMA licence number at the time of the event.
- You are aged between 14 years to 17 years for Youth Shuai Jiao (year of birth 2005, 2006, 2007, 2008)
- You are aged between 18 years to 45 years for Adult Shuai Jiao
- You have read and agree to the competition rules and event regulation pack
- There will be no rules talk on the day, all competitors and coaches are expected to know and understand the rules beforehand.
- All Licence numbers will be checked, if you are not a BCCMA member on the day, you will not compete, and no refunds given.

COMPETITORS REGISTRATION ENTRY FEE

- £20 Adult categories
- £15 Youth categories (14-17 years)

Spectator Seating available: Discounted pre-booked costs are as below. All spectators will be issued with wristbands

SPECTATOR ENTRY FEES - ONLINE PRICES (up to **MIDDAY**, the day before competition)

You must bring proof of payment i.e. Product/Order ID number to exchange for wristbands

(Please ensure you always wear your wristbands. There will be random checks made. Anyone without wristbands, will be charged the £15-day rate)

Family / Standard tickets (Available online only: Up to 1 day before the competition).

Individual Tickets £10 Per person

Family tickets (2 adults and children Under 16. – Children under 5 years go Free)

- £15 Family of 2 (1 Adult and Child under 16)
- £20 Family of 3 (2 Adults maximum)
- £25 Family of 4 (2 Adults maximum)
- £30 Family of 5 (2 Adults maximum)

All tickets bought on the door on the day will be £15 each, cash only.

Coaches Entry

- Only one named coach from each association will be allowed free entry and not per club.
- Any certificates awarded the spelling on your online application form will be used. If your name is wrong and you require a replacement copy - there will be a £5

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charge on the day.

COMPETITION RULES (Familiarise yourself with the rules for the event you're entering)

- Unless otherwise stated within these regulations, the competition will be conducted by the BCCMA Competition Rules

<https://bccma.com/wp-content/uploads/2018/06/BCCMA-Chinese-Wrestling-Shuai-Jiao-Rules.pdf>

YOUTH SHUAI JIAO:

Weight-Categories:

Youth Shuai Jiao Weight Categories (14/15 to 16/17 Years)

- 1: U48kg (under 48kg)
- 2: U52kg (48kg to 52kg)
- 3: U56kg (52kg to 56kg)
- 4: U60kg (56kg to 60kg)
- 5: U65kg (60kg to 65kg)
- 6: U70kg (65 kg to 70kg)
- 7: U75kg (70kg to 75kg)
- 8: U80kg (75kg to 80kg)

ADULT SHUAI JIAO:

Weight categories:

Adult Men's Weight Categories

- 1: U48kg (under 48kg)
- 2: U52kg (48kg to 52kg)
- 3: U56kg (52kg to 56kg)
- 4: U60kg (56kg to 60kg)
- 5: U65kg (60kg to 65kg)
- 6: U70kg 65 kg to 70kg)
- 7: U75kg (70kg to 75kg)
- 8: U80kg (75kg to 80kg)
- 9: U85kg (80kg to 85kg)
- 10: U90kg (85kg to 90kg)
- 11: Over 90kg (90+kg)

Women's Weight Categories

- 1: U48kg (under 48kg)
- 2: U52kg (48kg to 52kg)
- 3: U56kg (52kg to 56kg)
- 4: U60kg (56kg to 60kg)
- 5: U65kg (60kg to 65kg)
- 6: U70kg 65 kg to 70kg)
- 7: U75kg (70kg to 75kg)

YOUTH and ADULT SHUAI JIAO:

Dress code & Equipment

Each competitor is required to have their own competition uniform, consisting of:

Martial Arts Bottoms & Shuai Jiao Top. (1) red belt (1) blue belt and Wrestling boots or soft martial arts shoes. (Bare feet is permissible if you don't have appropriate)

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Duration of contest (all)

2 minutes with a sixty second rest between each round

The best of three rounds may be used, the third round only being played if the same score is one round each at the end of the second round.

Head Judge will have the final say as to whether any clothing or safety equipment is or not acceptable in the competition

Spectacles, hard contact lenses must not be worn. jewellery, including such items as; rings, earrings, studs, pendants, and necklaces must be removed. Rings, which cannot be removed must be taped over. If the ring is still considered dangerous the contestant will not be allowed to take part. The Chief Head Judge will have the final say as to whether any such item is or is not acceptable in this competition.

Any cuts or lacerations **must be covered** with a medically approved plaster, which will protect both the contestant and others from contact with blood.

Injured athletes will not be permitted to take part, however if an elasticated support is required one may be used subject to the approval of the Chief Head Judge.

The competitors will be bare footed during the matches. However, it is strongly recommended that all competitors wear appropriate foot covering when not engaged in match play.

Personal hygiene. Competitors must commence the event in a clean non body odour manner with all hand and foot nails cut short and filed smooth.

Social Media:

Facebook: Search for BCCMA and 'like' our page.

Twitter: Follow us @bccmagb We encourage everyone to post pictures on the day and after, using the hashtag: #bccmacomp2023 #lamkungfu #bccma23

We also post on the day with pictures of the action and of the winners on social media

By entering the event you are agreeing to us using any pictures that are taken during the day whilst at the competition.

Professional Photographer:

We plan to have an 'access all areas' Professional Photographer at the event by Request. Pictures taken will be available on a password protected website – should you wish to buy any of these images.

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APPEALS PROCEDURE

Scope of Appeals

The participating teams have the right to appeal to the Jury of Appeal. Procedures and Requirements of Appeal

- A team shall send a written appeal through its team leader or coach to the Jury of Appeal within 30 minutes following the conclusion of the competition of the event concerned, or in 15 minutes following the conclusion of the competition of the event if it is the last one. No appeal can be made after the medals for that event have been awarded.
- The appeal shall be handed in together with an appeal fee of £50, which shall be returned if the appeal proves to be justified and some change is made in the original judgement, and which shall not be returned if the original judgement is affirmed. One appeal shall be confined to one issue.
- All participating teams shall abide by the final decision of the Jury of Appeal. In case of disobedience and unreasonable quibbling, the Jury of Appeal may propose to the Competition Committee for earnest treatment, even for a cancellation of competition results.

Disclaimer

I certify that I am an official of the Association of athlete and authorised to enter the above athlete into this event, I certify that I have notified and explained the nature and risks associated with such competitions to their parents / guardians and they understand that they enter events at their own risk and own liability, and that they agree to them taking part.

Our Association and those entering accept the event rules and that any events may be changed without prior notice or liability to the organisers or the BCCMA or any other person organisation or company. Furthermore, I understand and accept that entry into this event signifies my acceptance that the organiser has exclusive video rights and that the performing rights of the above-named competitor are waived in favour of the

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organiser or its appointed agent for the purpose of video, reproduction, distribution, advertising and sale thereof. Furthermore, I understand that all athletes are subject to International Olympic Committee (IOC) Dope Testing Regulations under the IOC WADA agreement and may be required to undertake tests, which from time to time are specified by the IOC. I acknowledge that it is recommended that all competitors are inoculated against Hepatitis A and B as it can be transmitted by sweat or blood and have informed parents / guardians of this recommendation.

As the parent / guardian of the athlete I confirm that I have been made aware of the event and the dangers of participation in said event and advised of all the other aspects shown above and will not hold the BCCMA, its officer's members, the event organisers, their officer's members, or any other persons associated with the event liable for any injury or losses, howsoever arising, howsoever caused, in any way, whatsoever. Furthermore, I take responsibility for the care of the name below and their behaviour at all times and accept that it shall be the athlete's coach who shall be responsible for the monitoring of the use of the warm-up practice area which will not be supervised by anyone else other than the athlete's coaches. The coach / parents shall also be responsible for checking the displayed entry list and making the athlete ready when the event is called. Any errors in these lists must be notified to the organisers before the competition begins. It is also noted that the organisers may merge any categories they deem necessary at their absolute discretion.